

小母牛「競跑助人」2018

Heifer Race to Feed 2018

(11 November 2018, Sunday Temperature : 22C ~ 25C, Humidity : 73% ~ 86%)

| Category Position | Bib | Name | 中文姓名 | OfficialTime | ChipTime | Category | 組別 |
|-------------------|------|---------------------|------|--------------|----------|-------------------------------------|------------------|
| 1 | 1276 | Wong Mei yan | | 0:41:34 | 0:41:32 | Individual "10K Run" - Female 16-29 | 10公里個人組-女子16-29歲 |
| 2 | 1409 | Chan Shun Yee | | 0:45:58 | 0:45:55 | Individual "10K Run" - Female 16-29 | 10公里個人組-女子16-29歲 |
| 3 | 2033 | Leung Lok Man Co Co | | 0:46:19 | 0:46:16 | Individual "10K Run" - Female 16-29 | 10公里個人組-女子16-29歲 |
| 4 | 1407 | Wong Shu Ling | | 0:48:13 | 0:48:08 | Individual "10K Run" - Female 16-29 | 10公里個人組-女子16-29歲 |
| 5 | 2035 | Mak Ka Wai | | 0:50:48 | 0:50:44 | Individual "10K Run" - Female 16-29 | 10公里個人組-女子16-29歲 |
| 6 | 1287 | Wong Lucy | | 0:54:06 | 0:53:46 | Individual "10K Run" - Female 16-29 | 10公里個人組-女子16-29歲 |
| 7 | 2025 | XU FEN | 徐芬 | 0:55:59 | 0:55:32 | Individual "10K Run" - Female 16-29 | 10公里個人組-女子16-29歲 |
| 8 | 1263 | Tuet Tsz Ching | | 0:56:09 | 0:55:53 | Individual "10K Run" - Female 16-29 | 10公里個人組-女子16-29歲 |
| 9 | 1262 | Wong Tiffany Ka Yan | 黃嘉恩 | 0:56:09 | 0:55:53 | Individual "10K Run" - Female 16-29 | 10公里個人組-女子16-29歲 |
| 10 | 2030 | ZHOU LAN | 周兰 | 0:56:50 | 0:56:50 | Individual "10K Run" - Female 16-29 | 10公里個人組-女子16-29歲 |
| 11 | 1266 | Lau Pui Hang Belle | 劉珮行 | 0:57:53 | 0:57:29 | Individual "10K Run" - Female 16-29 | 10公里個人組-女子16-29歲 |
| 12 | 1284 | Hong Pui Yu | | 0:59:35 | 0:59:04 | Individual "10K Run" - Female 16-29 | 10公里個人組-女子16-29歲 |
| 13 | 2005 | Abrahams Isa | | 0:59:40 | 0:59:21 | Individual "10K Run" - Female 16-29 | 10公里個人組-女子16-29歲 |
| 14 | 2007 | Wei Kei Pui, Maggie | 韋杞佩 | 1:02:01 | 1:01:44 | Individual "10K Run" - Female 16-29 | 10公里個人組-女子16-29歲 |
| 15 | 1265 | Chan Suet Yu | 陳雪瑜 | 1:02:17 | 1:01:52 | Individual "10K Run" - Female 16-29 | 10公里個人組-女子16-29歲 |
| 16 | 1291 | Ho Ching Yi | 何靜宜 | 1:03:13 | 1:03:04 | Individual "10K Run" - Female 16-29 | 10公里個人組-女子16-29歲 |
| 17 | 1411 | Chan Sze Man | | 1:03:26 | 1:02:56 | Individual "10K Run" - Female 16-29 | 10公里個人組-女子16-29歲 |
| 18 | 1271 | Wong Ho Yee | 黃皓綺 | 1:03:54 | 1:03:43 | Individual "10K Run" - Female 16-29 | 10公里個人組-女子16-29歲 |
| 19 | 2004 | Lam Arlene | | 1:04:45 | 1:04:24 | Individual "10K Run" - Female 16-29 | 10公里個人組-女子16-29歲 |
| 20 | 2003 | Moeller Helena | | 1:05:10 | 1:04:51 | Individual "10K Run" - Female 16-29 | 10公里個人組-女子16-29歲 |
| 21 | 1272 | wong JADE | 黃嘉欣 | 1:06:23 | 1:06:08 | Individual "10K Run" - Female 16-29 | 10公里個人組-女子16-29歲 |
| 22 | 2037 | Deng Meizhen | 鄧梅珍 | 1:09:28 | 1:09:04 | Individual "10K Run" - Female 16-29 | 10公里個人組-女子16-29歲 |
| 23 | 1260 | Lee Yin Han | 李燕嫻 | 1:10:15 | 1:10:07 | Individual "10K Run" - Female 16-29 | 10公里個人組-女子16-29歲 |
| 24 | 2002 | Kenton-Smith Marina | | 1:10:28 | 1:10:08 | Individual "10K Run" - Female 16-29 | 10公里個人組-女子16-29歲 |
| 25 | 2001 | Hejlesen Louise | | 1:10:28 | 1:10:09 | Individual "10K Run" - Female 16-29 | 10公里個人組-女子16-29歲 |
| 26 | 1282 | LV Xiaojiao | 吕晓娇 | 1:11:14 | 1:10:09 | Individual "10K Run" - Female 16-29 | 10公里個人組-女子16-29歲 |
| 27 | 2036 | Li Wensi | 李文思 | 1:11:22 | 1:10:59 | Individual "10K Run" - Female 16-29 | 10公里個人組-女子16-29歲 |
| 28 | 1261 | Luk Man Ching | 陸文靜 | 1:12:08 | 1:11:34 | Individual "10K Run" - Female 16-29 | 10公里個人組-女子16-29歲 |
| 29 | 1283 | Lui Tin Yun Mandy | 雷天欣 | 1:12:15 | 1:11:54 | Individual "10K Run" - Female 16-29 | 10公里個人組-女子16-29歲 |
| 30 | 1281 | Chan Ka Luk | | 1:14:06 | 1:13:40 | Individual "10K Run" - Female 16-29 | 10公里個人組-女子16-29歲 |
| 31 | 1286 | Jia Xian | | 1:14:41 | 1:14:04 | Individual "10K Run" - Female 16-29 | 10公里個人組-女子16-29歲 |
| 32 | 1268 | Shuk Yee Ng | 吳淑儀 | 1:15:36 | 1:15:01 | Individual "10K Run" - Female 16-29 | 10公里個人組-女子16-29歲 |
| 33 | 1267 | Ho Tsz Ching | 何紫晴 | 1:15:37 | 1:15:02 | Individual "10K Run" - Female 16-29 | 10公里個人組-女子16-29歲 |
| 34 | 1275 | Lam Emma | | 1:16:06 | 1:13:33 | Individual "10K Run" - Female 16-29 | 10公里個人組-女子16-29歲 |
| 35 | 1289 | Chan Sze Man Sherry | | 1:17:36 | 1:17:05 | Individual "10K Run" - Female 16-29 | 10公里個人組-女子16-29歲 |
| 36 | 1383 | Zuo Joyce | | 1:20:29 | 1:20:12 | Individual "10K Run" - Female 16-29 | 10公里個人組-女子16-29歲 |
| 37 | 1280 | CHU TSZ YIU | 朱芷嫻 | 1:23:57 | 1:23:25 | Individual "10K Run" - Female 16-29 | 10公里個人組-女子16-29歲 |
| 38 | 1278 | CHOW YEE LING | 鄒綺玲 | 1:23:57 | 1:23:24 | Individual "10K Run" - Female 16-29 | 10公里個人組-女子16-29歲 |
| 39 | 1290 | Cheung Ka Yiu | | 1:25:04 | 1:24:34 | Individual "10K Run" - Female 16-29 | 10公里個人組-女子16-29歲 |

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| Category Position | Bib | Name | 中文姓名 | OfficialTime | ChipTime | Category | 組別 |
|-------------------|------|-----------------|------|--------------|----------|-------------------------------------|------------------|
| 40 | 1410 | LI Xiaoru | 李小茹 | 1:27:45 | 1:27:08 | Individual "10K Run" - Female 16-29 | 10公里個人組-女子16-29歲 |
| 41 | 1279 | SUEN CHEUK YING | 孫綽瑩 | 1:28:49 | 1:28:15 | Individual "10K Run" - Female 16-29 | 10公里個人組-女子16-29歲 |
| DNF | 1416 | Kwok Wing Sum | | | | Individual "10K Run" - Female 16-29 | 10公里個人組-女子16-29歲 |

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Heifer Race to Feed 2018

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| Category Position | Bib | Name | 中文姓名 | OfficialTime | ChipTime | Category | 組別 |
|-------------------|------|--------------------|------|--------------|----------|-------------------------------------|------------------|
| 1 | 1305 | Lee Yin Ling | 李燕玲 | 0:45:21 | 0:45:16 | Individual "10K Run" - Female 30-39 | 10公里個人組-女子30-39歲 |
| 2 | 1316 | kam hay | | 0:47:19 | 0:47:15 | Individual "10K Run" - Female 30-39 | 10公里個人組-女子30-39歲 |
| 3 | 1322 | Hsu Roxan | 許琬茹 | 0:53:32 | 0:53:16 | Individual "10K Run" - Female 30-39 | 10公里個人組-女子30-39歲 |
| 4 | 1318 | Mak Siu Man | 麥笑敏 | 0:53:55 | 0:53:53 | Individual "10K Run" - Female 30-39 | 10公里個人組-女子30-39歲 |
| 5 | 1420 | Reid Cindy | | 0:55:31 | 0:50:01 | Individual "10K Run" - Female 30-39 | 10公里個人組-女子30-39歲 |
| 6 | 1310 | wu Chunxiang | 吳春香 | 0:57:28 | 0:57:01 | Individual "10K Run" - Female 30-39 | 10公里個人組-女子30-39歲 |
| 7 | 1311 | Ho Man Sze Candy | | 0:57:37 | 0:57:04 | Individual "10K Run" - Female 30-39 | 10公里個人組-女子30-39歲 |
| 8 | 1301 | S S | | 0:59:19 | 0:59:14 | Individual "10K Run" - Female 30-39 | 10公里個人組-女子30-39歲 |
| 9 | 1319 | Lai Ming Wai | 黎明慧 | 0:59:38 | 0:59:29 | Individual "10K Run" - Female 30-39 | 10公里個人組-女子30-39歲 |
| 10 | 1313 | Or Yan Ching | | 0:59:42 | 0:59:32 | Individual "10K Run" - Female 30-39 | 10公里個人組-女子30-39歲 |
| 11 | 1309 | sze chan | | 0:59:47 | 0:59:39 | Individual "10K Run" - Female 30-39 | 10公里個人組-女子30-39歲 |
| 12 | 1323 | Liu Li | 劉莉 | 1:00:41 | 1:00:25 | Individual "10K Run" - Female 30-39 | 10公里個人組-女子30-39歲 |
| 13 | 1304 | HO LAI CHONG KAREN | 何麗莊 | 1:01:16 | 1:00:44 | Individual "10K Run" - Female 30-39 | 10公里個人組-女子30-39歲 |
| 14 | 1294 | WONG FONG YIING | 黃鳳儀 | 1:02:48 | 1:02:39 | Individual "10K Run" - Female 30-39 | 10公里個人組-女子30-39歲 |
| 15 | 1302 | Wu Kwai Fong | 胡桂芳 | 1:03:17 | 1:03:06 | Individual "10K Run" - Female 30-39 | 10公里個人組-女子30-39歲 |
| 16 | 1312 | Kaur Arjvand | | 1:04:07 | 1:03:48 | Individual "10K Run" - Female 30-39 | 10公里個人組-女子30-39歲 |
| 17 | 1314 | To Daisy | | 1:06:07 | 1:05:42 | Individual "10K Run" - Female 30-39 | 10公里個人組-女子30-39歲 |
| 18 | 1315 | Ching Ka Yin Flora | | 1:09:33 | 1:09:23 | Individual "10K Run" - Female 30-39 | 10公里個人組-女子30-39歲 |
| 19 | 1297 | Mo Hoi Ting | | 1:09:52 | 1:09:13 | Individual "10K Run" - Female 30-39 | 10公里個人組-女子30-39歲 |
| 20 | 1320 | Kung Chung Yan | 龔頌恩 | 1:10:17 | 1:09:59 | Individual "10K Run" - Female 30-39 | 10公里個人組-女子30-39歲 |
| 21 | 1307 | Chan Po Chun | | 1:10:18 | 1:09:47 | Individual "10K Run" - Female 30-39 | 10公里個人組-女子30-39歲 |
| 22 | 1412 | Lau Candy | | 1:11:19 | 1:10:50 | Individual "10K Run" - Female 30-39 | 10公里個人組-女子30-39歲 |
| 23 | 1295 | FAN YAU YING | 范估瑩 | 1:12:26 | 1:12:20 | Individual "10K Run" - Female 30-39 | 10公里個人組-女子30-39歲 |
| 24 | 1317 | Yeung Chau Ping | 楊秋萍 | 1:13:11 | 1:13:01 | Individual "10K Run" - Female 30-39 | 10公里個人組-女子30-39歲 |
| 25 | 1300 | Lee Lai | 李麗君 | 1:14:07 | 1:13:32 | Individual "10K Run" - Female 30-39 | 10公里個人組-女子30-39歲 |
| 26 | 1293 | LEE MAN MAN | 李文敏 | 1:15:57 | 1:15:30 | Individual "10K Run" - Female 30-39 | 10公里個人組-女子30-39歲 |
| 27 | 1296 | Tse Cherrie | 謝翠儀 | 1:17:48 | 1:17:27 | Individual "10K Run" - Female 30-39 | 10公里個人組-女子30-39歲 |
| 28 | 1321 | Li Jie Ling | 李洁灵 | 1:18:15 | 1:17:50 | Individual "10K Run" - Female 30-39 | 10公里個人組-女子30-39歲 |
| 29 | 1384 | Ng Ai-leng | | 1:22:35 | 1:22:20 | Individual "10K Run" - Female 30-39 | 10公里個人組-女子30-39歲 |
| 30 | 1308 | Mak Ka yan | 麥家茵 | 1:27:08 | 1:25:12 | Individual "10K Run" - Female 30-39 | 10公里個人組-女子30-39歲 |

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| Category Position | Bib | Name | 中文姓名 | OfficialTime | ChipTime | Category | 組別 |
|-------------------|------|----------------------|------|--------------|----------|-------------------------------------|------------------|
| 1 | 1331 | Wong Hiu Fai | 黃曉暉 | 0:51:32 | 0:51:27 | Individual "10K Run" - Female 40-49 | 10公里個人組-女子40-49歲 |
| 2 | 1339 | Leung Lai Ming Sally | | 0:52:36 | 0:52:25 | Individual "10K Run" - Female 40-49 | 10公里個人組-女子40-49歲 |
| 3 | 1340 | Yau Siu Yin | | 0:57:07 | 0:56:53 | Individual "10K Run" - Female 40-49 | 10公里個人組-女子40-49歲 |
| 4 | 1329 | CHEUNG CHUN CHI | 張俊芝 | 1:00:17 | 1:00:13 | Individual "10K Run" - Female 40-49 | 10公里個人組-女子40-49歲 |
| 5 | 1326 | CHAN MEI HO | 陳美好 | 1:00:46 | 1:00:13 | Individual "10K Run" - Female 40-49 | 10公里個人組-女子40-49歲 |
| 6 | 1381 | Ma Feng Li | 馬鳳麗 | 1:02:50 | 1:02:34 | Individual "10K Run" - Female 40-49 | 10公里個人組-女子40-49歲 |
| 7 | 1341 | Tung Tak Ping | 童德平 | 1:04:41 | 1:04:30 | Individual "10K Run" - Female 40-49 | 10公里個人組-女子40-49歲 |
| 8 | 1324 | Wong Hiu Ming | | 1:05:38 | 1:05:14 | Individual "10K Run" - Female 40-49 | 10公里個人組-女子40-49歲 |
| 9 | 2043 | Chau Yuen Kwan | 周婉群 | 1:06:35 | 1:06:20 | Individual "10K Run" - Female 40-49 | 10公里個人組-女子40-49歲 |
| 10 | 1335 | CHOY NGA MAN | | 1:07:28 | 1:07:09 | Individual "10K Run" - Female 40-49 | 10公里個人組-女子40-49歲 |
| 11 | 1414 | Chan Tak Lui Panrl | | 1:08:15 | 1:07:53 | Individual "10K Run" - Female 40-49 | 10公里個人組-女子40-49歲 |
| 12 | 1333 | Yim Veronica | | 1:14:06 | 1:13:39 | Individual "10K Run" - Female 40-49 | 10公里個人組-女子40-49歲 |
| 13 | 1328 | lee cabby | | 1:14:15 | 1:13:39 | Individual "10K Run" - Female 40-49 | 10公里個人組-女子40-49歲 |
| 14 | 1334 | Fong Yuen Ting | | 1:14:49 | 1:14:23 | Individual "10K Run" - Female 40-49 | 10公里個人組-女子40-49歲 |
| 15 | 1330 | Mak Ka Ni | 麥家妮 | 1:19:28 | 1:18:52 | Individual "10K Run" - Female 40-49 | 10公里個人組-女子40-49歲 |
| 16 | 1336 | Chan Chun Lee Janny | | 1:21:34 | 1:21:04 | Individual "10K Run" - Female 40-49 | 10公里個人組-女子40-49歲 |
| 17 | 1337 | Chan Chun Yee Vera | | 1:21:46 | 1:21:15 | Individual "10K Run" - Female 40-49 | 10公里個人組-女子40-49歲 |
| 18 | 1338 | Leung Wai Lin Conney | | 1:24:35 | 1:24:25 | Individual "10K Run" - Female 40-49 | 10公里個人組-女子40-49歲 |
| 19 | 1332 | YEUNG PANSY | 楊少梅 | 1:28:51 | 1:28:16 | Individual "10K Run" - Female 40-49 | 10公里個人組-女子40-49歲 |

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|-------------------|------|---------------------------|------|--------------|----------|-------------------------------------|------------------|
| 1 | 1356 | Chan Ada | | 0:48:45 | 0:48:41 | Individual "10K Run" - Female 50-59 | 10公里個人組-女子50-59歲 |
| 2 | 1355 | Yeung Mei lun | 楊美倫 | 0:49:56 | 0:49:52 | Individual "10K Run" - Female 50-59 | 10公里個人組-女子50-59歲 |
| 3 | 1350 | Lee Pui Kam | 李佩琴 | 0:50:01 | 0:49:58 | Individual "10K Run" - Female 50-59 | 10公里個人組-女子50-59歲 |
| 4 | 1360 | Chan Tsang Mei Ling Clara | 陳曾美玲 | 0:51:41 | 0:51:36 | Individual "10K Run" - Female 50-59 | 10公里個人組-女子50-59歲 |
| 5 | 1365 | Ding Hiu Ying Crystal | | 0:52:59 | 0:52:53 | Individual "10K Run" - Female 50-59 | 10公里個人組-女子50-59歲 |
| 6 | 1361 | HO YUEN MAN | 何婉雯 | 0:53:12 | 0:53:07 | Individual "10K Run" - Female 50-59 | 10公里個人組-女子50-59歲 |
| 7 | 2045 | Yung Sau Lai | 翁秀麗 | 0:59:32 | 0:59:17 | Individual "10K Run" - Female 50-59 | 10公里個人組-女子50-59歲 |
| 8 | 1348 | CHU CHOI LIN | 朱彩連 | 1:00:46 | 1:00:13 | Individual "10K Run" - Female 50-59 | 10公里個人組-女子50-59歲 |
| 9 | 1344 | Ko Jackie | 高楚翹 | 1:01:57 | 1:01:50 | Individual "10K Run" - Female 50-59 | 10公里個人組-女子50-59歲 |
| 10 | 1346 | Yu Lisha | 于莉莎 | 1:05:47 | 1:05:35 | Individual "10K Run" - Female 50-59 | 10公里個人組-女子50-59歲 |
| 11 | 1343 | CHEUNG WAI CHING | | 1:06:20 | 1:06:18 | Individual "10K Run" - Female 50-59 | 10公里個人組-女子50-59歲 |
| 12 | 1351 | Leung Amy | 梁彭詠詩 | 1:07:59 | 1:07:32 | Individual "10K Run" - Female 50-59 | 10公里個人組-女子50-59歲 |
| 13 | 1353 | FUNG SUET WAH | 馮雪華 | 1:08:12 | 1:08:08 | Individual "10K Run" - Female 50-59 | 10公里個人組-女子50-59歲 |
| 14 | 1363 | Lo Woon Chi May | | 1:09:36 | 1:09:26 | Individual "10K Run" - Female 50-59 | 10公里個人組-女子50-59歲 |
| 15 | 1418 | Lam Yuk Man | 林玉雯 | 1:10:53 | 1:10:44 | Individual "10K Run" - Female 50-59 | 10公里個人組-女子50-59歲 |
| 16 | 1349 | chu chai ho | 朱齊好 | 1:10:57 | 1:10:49 | Individual "10K Run" - Female 50-59 | 10公里個人組-女子50-59歲 |
| 17 | 1345 | Chan Sui Wah | 陳瑞華 | 1:11:18 | 1:11:11 | Individual "10K Run" - Female 50-59 | 10公里個人組-女子50-59歲 |
| 18 | 1354 | DEVI RAI MAYA | | 1:15:48 | 1:15:43 | Individual "10K Run" - Female 50-59 | 10公里個人組-女子50-59歲 |
| 19 | 1352 | Chen Fidelia | | 1:17:50 | 1:17:21 | Individual "10K Run" - Female 50-59 | 10公里個人組-女子50-59歲 |
| 20 | 1358 | Lo Yuet Mei | | 1:20:26 | 1:19:51 | Individual "10K Run" - Female 50-59 | 10公里個人組-女子50-59歲 |
| 21 | 1364 | Kwong Loi Kiu | | 1:24:35 | 1:24:23 | Individual "10K Run" - Female 50-59 | 10公里個人組-女子50-59歲 |
| 22 | 1342 | Leung Shuk Ting Grace | 梁淑婷 | 1:29:07 | 1:28:59 | Individual "10K Run" - Female 50-59 | 10公里個人組-女子50-59歲 |

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| Category Position | Bib | Name | 中文姓名 | OfficialTime | ChipTime | Category | 組別 |
|-------------------|------|---------------|------|--------------|----------|---|------------------|
| 1 | 1368 | Kwok Suet Fan | 郭雪芬 | 1:03:34 | 1:03:26 | Individual "10K Run" - Female 60 or Above | 10公里個人組-女子60歲或以上 |
| 2 | 1367 | Lo Wai Chun | 羅惠珍 | 1:07:07 | 1:07:00 | Individual "10K Run" - Female 60 or Above | 10公里個人組-女子60歲或以上 |
| 3 | 1372 | Law Yuk Seung | 羅玉嫦 | 1:26:26 | 1:26:20 | Individual "10K Run" - Female 60 or Above | 10公里個人組-女子60歲或以上 |
| 4 | 1371 | WONG MAY LING | 黃美玲 | 1:26:36 | 1:26:09 | Individual "10K Run" - Female 60 or Above | 10公里個人組-女子60歲或以上 |
| 5 | 1369 | Chan Cindy | 陳玉霞 | 1:32:54 | 1:32:28 | Individual "10K Run" - Female 60 or Above | 10公里個人組-女子60歲或以上 |

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|-------------------|------|-----------------------------|------|--------------|----------|-----------------------------------|------------------|
| 1 | 1387 | Chow Hon Nip Hanniel | 周漢轟 | 0:33:15 | 0:33:14 | Individual "10K Run" - Male 16-29 | 10公里個人組-男子16-29歲 |
| 2 | 1012 | Ho Yung yin | 何雍賢 | 0:36:59 | 0:36:57 | Individual "10K Run" - Male 16-29 | 10公里個人組-男子16-29歲 |
| 3 | 1037 | Wong Man Kit | | 0:37:26 | 0:37:24 | Individual "10K Run" - Male 16-29 | 10公里個人組-男子16-29歲 |
| 4 | 1002 | Yip Tsz Ho | 葉梓灝 | 0:40:52 | 0:40:50 | Individual "10K Run" - Male 16-29 | 10公里個人組-男子16-29歲 |
| 5 | 1006 | Wong Chak Tin Jason William | | 0:41:44 | 0:41:38 | Individual "10K Run" - Male 16-29 | 10公里個人組-男子16-29歲 |
| 6 | 1030 | Weyhe Timo | | 0:44:48 | 0:44:43 | Individual "10K Run" - Male 16-29 | 10公里個人組-男子16-29歲 |
| 7 | 2027 | WU LING | 吴灵 | 0:48:13 | 0:47:04 | Individual "10K Run" - Male 16-29 | 10公里個人組-男子16-29歲 |
| 8 | 1375 | Zhou XiaoYang | 周笑陽 | 0:49:12 | 0:48:56 | Individual "10K Run" - Male 16-29 | 10公里個人組-男子16-29歲 |
| 9 | 2028 | HU QUAN | 胡泉 | 0:50:12 | 0:49:45 | Individual "10K Run" - Male 16-29 | 10公里個人組-男子16-29歲 |
| 10 | 1036 | Lee Ka Ming | | 0:51:42 | 0:51:38 | Individual "10K Run" - Male 16-29 | 10公里個人組-男子16-29歲 |
| 11 | 2029 | PANG JUN | 庞俊 | 0:52:17 | 0:51:51 | Individual "10K Run" - Male 16-29 | 10公里個人組-男子16-29歲 |
| 12 | 1385 | Chik Kam Pang | 植金憑 | 0:53:21 | 0:52:56 | Individual "10K Run" - Male 16-29 | 10公里個人組-男子16-29歲 |
| 13 | 2024 | Li Wai Shing, Wilson | 李伟成 | 0:54:17 | 0:53:49 | Individual "10K Run" - Male 16-29 | 10公里個人組-男子16-29歲 |
| 14 | 1022 | Tsoi Wai Kin | | 0:54:59 | 0:54:30 | Individual "10K Run" - Male 16-29 | 10公里個人組-男子16-29歲 |
| 15 | 1001 | Lau Jonathan Jing Yeung | 劉政揚 | 0:55:58 | 0:55:27 | Individual "10K Run" - Male 16-29 | 10公里個人組-男子16-29歲 |
| 16 | 1009 | Leung Desmond | | 0:56:07 | 0:55:59 | Individual "10K Run" - Male 16-29 | 10公里個人組-男子16-29歲 |
| 17 | 1014 | CHAN CHIN CHUNG | 陳展冲 | 0:58:02 | 0:57:29 | Individual "10K Run" - Male 16-29 | 10公里個人組-男子16-29歲 |
| 18 | 1020 | Chang Longman | | 0:59:27 | 0:58:50 | Individual "10K Run" - Male 16-29 | 10公里個人組-男子16-29歲 |
| 19 | 1021 | Wong Sai Kit Jackie | | 0:59:27 | 0:58:50 | Individual "10K Run" - Male 16-29 | 10公里個人組-男子16-29歲 |
| 20 | 1025 | Wan Cheuk Hang | 尹卓亨 | 1:00:05 | 0:59:28 | Individual "10K Run" - Male 16-29 | 10公里個人組-男子16-29歲 |
| 21 | 1023 | Wong Ka Ho | 黃家豪 | 1:01:09 | 1:00:32 | Individual "10K Run" - Male 16-29 | 10公里個人組-男子16-29歲 |
| 22 | 1005 | Chan Ka Yuk | 陳嘉煜 | 1:04:46 | 1:04:10 | Individual "10K Run" - Male 16-29 | 10公里個人組-男子16-29歲 |
| 23 | 1374 | Wong Chun Yuen | 黃俊源 | 1:05:00 | 1:04:45 | Individual "10K Run" - Male 16-29 | 10公里個人組-男子16-29歲 |
| 24 | 1007 | Leung Ming Him | 梁銘謙 | 1:05:05 | 1:04:49 | Individual "10K Run" - Male 16-29 | 10公里個人組-男子16-29歲 |
| 25 | 1376 | Zheng Ziyi | | 1:06:00 | 1:05:42 | Individual "10K Run" - Male 16-29 | 10公里個人組-男子16-29歲 |
| 26 | 1015 | Ng Alexander | | 1:07:13 | 1:06:43 | Individual "10K Run" - Male 16-29 | 10公里個人組-男子16-29歲 |
| 27 | 1032 | Tsui Yik Ho | 徐亦豪 | 1:08:30 | 1:08:04 | Individual "10K Run" - Male 16-29 | 10公里個人組-男子16-29歲 |
| 28 | 1011 | Wong Derek | | 1:09:18 | 1:08:52 | Individual "10K Run" - Male 16-29 | 10公里個人組-男子16-29歲 |
| 29 | 1024 | Wong Kong Yu | 黃港愉 | 1:10:27 | 1:10:15 | Individual "10K Run" - Male 16-29 | 10公里個人組-男子16-29歲 |
| 30 | 1017 | Qu Steve | 瞿邦 | 1:11:14 | 1:10:10 | Individual "10K Run" - Male 16-29 | 10公里個人組-男子16-29歲 |
| 31 | 1018 | Zhu Junyi | 朱君义 | 1:14:33 | 1:13:30 | Individual "10K Run" - Male 16-29 | 10公里個人組-男子16-29歲 |
| 32 | 1026 | MA NING WAI | 马宁蔚 | 1:15:03 | 1:14:27 | Individual "10K Run" - Male 16-29 | 10公里個人組-男子16-29歲 |
| 33 | 1389 | Mak Chun Kit | | 1:17:33 | 1:17:06 | Individual "10K Run" - Male 16-29 | 10公里個人組-男子16-29歲 |
| 34 | 1035 | Fong Yiu Chu | | 1:20:54 | 1:20:25 | Individual "10K Run" - Male 16-29 | 10公里個人組-男子16-29歲 |
| 35 | 1033 | Cheung Shun Yiu | | 1:21:33 | 1:21:03 | Individual "10K Run" - Male 16-29 | 10公里個人組-男子16-29歲 |
| 36 | 1034 | Wong Yi Chun, Evans | | 1:21:34 | 1:21:06 | Individual "10K Run" - Male 16-29 | 10公里個人組-男子16-29歲 |
| 37 | 1019 | Tsang Tsz Chun | 曾子浚 | 1:24:07 | 1:23:46 | Individual "10K Run" - Male 16-29 | 10公里個人組-男子16-29歲 |
| 38 | 1388 | Tang Cheuk Hei | | 1:24:36 | 1:24:08 | Individual "10K Run" - Male 16-29 | 10公里個人組-男子16-29歲 |
| 39 | 1386 | ZHANG Rui | 张睿 | 1:27:46 | 1:27:08 | Individual "10K Run" - Male 16-29 | 10公里個人組-男子16-29歲 |

小母牛「競跑助人」2018

Heifer Race to Feed 2018

(11 November 2018, Sunday Temperature : 22C ~ 25C, Humidity : 73% ~ 86%)

| Category Position | Bib | Name | 中文姓名 | OfficialTime | ChipTime | Category | 組別 |
|-------------------|------|------------|------|--------------|----------|-----------------------------------|------------------|
| 40 | 1016 | Gu Yicheng | 顾义诚 | 1:36:01 | 1:34:57 | Individual "10K Run" - Male 16-29 | 10公里個人組-男子16-29歲 |
| DNF | 1008 | Lam Kai On | 林啟安 | | | Individual "10K Run" - Male 16-29 | 10公里個人組-男子16-29歲 |

小母牛「競跑助人」2018

Heifer Race to Feed 2018

(11 November 2018, Sunday Temperature : 22C ~ 25C, Humidity : 73% ~ 86%)

| Category | Position | Bib | Name | 中文姓名 | OfficialTime | ChipTime | Category | 組別 |
|----------|----------|------|------------------------|------|--------------|----------|-----------------------------------|------------------|
| | 1 | 1096 | LAU KWAN LONG | 劉君朗 | 0:37:19 | 0:37:17 | Individual "10K Run" - Male 30-39 | 10公里個人組-男子30-39歲 |
| | 2 | 1071 | Yuen Kwok hei | 袁國熙 | 0:37:30 | 0:37:27 | Individual "10K Run" - Male 30-39 | 10公里個人組-男子30-39歲 |
| | 3 | 1042 | Lai Chun Kit | | 0:38:41 | 0:38:38 | Individual "10K Run" - Male 30-39 | 10公里個人組-男子30-39歲 |
| | 4 | 1041 | LEE MAN CHUN | 李文駿 | 0:40:22 | 0:40:20 | Individual "10K Run" - Male 30-39 | 10公里個人組-男子30-39歲 |
| | 5 | 2018 | Yiu Tsz Yan | 姚子仁 | 0:41:27 | 0:41:24 | Individual "10K Run" - Male 30-39 | 10公里個人組-男子30-39歲 |
| | 6 | 1065 | Chan Michael | | 0:42:19 | 0:42:16 | Individual "10K Run" - Male 30-39 | 10公里個人組-男子30-39歲 |
| | 7 | 2012 | Digges Adam Charles | | 0:42:23 | 0:42:19 | Individual "10K Run" - Male 30-39 | 10公里個人組-男子30-39歲 |
| | 8 | 1063 | Yeung Man Yau | 楊文友 | 0:43:06 | 0:43:02 | Individual "10K Run" - Male 30-39 | 10公里個人組-男子30-39歲 |
| | 9 | 1082 | Tang Chun Kin | 鄧進健 | 0:43:46 | 0:43:43 | Individual "10K Run" - Male 30-39 | 10公里個人組-男子30-39歲 |
| | 10 | 2016 | Yeung Yiu Kei | 楊耀基 | 0:44:48 | 0:44:43 | Individual "10K Run" - Male 30-39 | 10公里個人組-男子30-39歲 |
| | 11 | 2021 | ZHANG QIANG | 張強 | 0:45:18 | 0:44:52 | Individual "10K Run" - Male 30-39 | 10公里個人組-男子30-39歲 |
| | 12 | 1052 | Leung Pak Ping | 梁栢平 | 0:45:42 | 0:45:27 | Individual "10K Run" - Male 30-39 | 10公里個人組-男子30-39歲 |
| | 13 | 1085 | Quan Jianxu | 權建許 | 0:45:57 | 0:45:35 | Individual "10K Run" - Male 30-39 | 10公里個人組-男子30-39歲 |
| | 14 | 1094 | Chin Hok Ling | | 0:46:02 | 0:45:56 | Individual "10K Run" - Male 30-39 | 10公里個人組-男子30-39歲 |
| | 15 | 1080 | Chu Ying Kit | 朱英傑 | 0:47:00 | 0:46:55 | Individual "10K Run" - Male 30-39 | 10公里個人組-男子30-39歲 |
| | 16 | 2042 | Wu Chun Pong | 胡鎮邦 | 0:47:43 | 0:47:30 | Individual "10K Run" - Male 30-39 | 10公里個人組-男子30-39歲 |
| | 17 | 1089 | Fung Frederick | | 0:48:00 | 0:47:58 | Individual "10K Run" - Male 30-39 | 10公里個人組-男子30-39歲 |
| | 18 | 1084 | CHUI WAI KEI | 崔偉基 | 0:48:14 | 0:47:55 | Individual "10K Run" - Male 30-39 | 10公里個人組-男子30-39歲 |
| | 19 | 1058 | LEE CHI WING | 李志榮 | 0:48:15 | 0:48:09 | Individual "10K Run" - Male 30-39 | 10公里個人組-男子30-39歲 |
| | 20 | 1048 | CHIU CHUN YUE | 趙震宇 | 0:48:22 | 0:48:16 | Individual "10K Run" - Male 30-39 | 10公里個人組-男子30-39歲 |
| | 21 | 1077 | Wong Ting Fai | 黃庭暉 | 0:49:04 | 0:48:56 | Individual "10K Run" - Male 30-39 | 10公里個人組-男子30-39歲 |
| | 22 | 2026 | HU GANG | 胡剛 | 0:50:12 | 0:49:46 | Individual "10K Run" - Male 30-39 | 10公里個人組-男子30-39歲 |
| | 23 | 1054 | yip chun hang | 葉晉亨 | 0:50:20 | 0:50:05 | Individual "10K Run" - Male 30-39 | 10公里個人組-男子30-39歲 |
| | 24 | 1377 | Chan Hon Yin Matthew | 陳匡賢 | 0:50:32 | 0:50:18 | Individual "10K Run" - Male 30-39 | 10公里個人組-男子30-39歲 |
| | 25 | 1087 | Lam Alexander Hoi Chi | | 0:50:33 | 0:50:24 | Individual "10K Run" - Male 30-39 | 10公里個人組-男子30-39歲 |
| | 26 | 1079 | Kwok Ka Chun | | 0:51:05 | 0:50:52 | Individual "10K Run" - Male 30-39 | 10公里個人組-男子30-39歲 |
| | 27 | 1045 | LEE CHUN YIN | | 0:51:31 | 0:51:22 | Individual "10K Run" - Male 30-39 | 10公里個人組-男子30-39歲 |
| | 28 | 1066 | Chan King Fun | 陳景寬 | 0:51:59 | 0:51:49 | Individual "10K Run" - Male 30-39 | 10公里個人組-男子30-39歲 |
| | 29 | 1053 | WU KWAN KIN KEN | 胡軍健 | 0:52:19 | 0:52:07 | Individual "10K Run" - Male 30-39 | 10公里個人組-男子30-39歲 |
| | 30 | 2023 | TAN TIANBING | 譚天兵 | 0:52:25 | 0:51:58 | Individual "10K Run" - Male 30-39 | 10公里個人組-男子30-39歲 |
| | 31 | 1073 | Chan Wai Nin, William | 陳威年 | 0:52:30 | 0:52:14 | Individual "10K Run" - Male 30-39 | 10公里個人組-男子30-39歲 |
| | 32 | 1098 | Chung Kwok Wood | 鐘國活 | 0:53:31 | 0:53:18 | Individual "10K Run" - Male 30-39 | 10公里個人組-男子30-39歲 |
| | 33 | 2019 | Wan Wai Sun | 溫偉森 | 0:53:41 | 0:53:36 | Individual "10K Run" - Male 30-39 | 10公里個人組-男子30-39歲 |
| | 34 | 1070 | Mok Ka Fai | | 0:53:52 | 0:53:42 | Individual "10K Run" - Male 30-39 | 10公里個人組-男子30-39歲 |
| | 35 | 1093 | Liu Chi Wing | | 0:54:18 | 0:54:08 | Individual "10K Run" - Male 30-39 | 10公里個人組-男子30-39歲 |
| | 36 | 1046 | WONG CHEUK YIN | 黃卓賢 | 0:54:50 | 0:54:25 | Individual "10K Run" - Male 30-39 | 10公里個人組-男子30-39歲 |
| | 37 | 1095 | Lee Chi Chung | | 0:54:56 | 0:54:43 | Individual "10K Run" - Male 30-39 | 10公里個人組-男子30-39歲 |
| | 38 | 2006 | Fung Sui Ming, Anthony | 馮穗明 | 0:55:21 | 0:55:05 | Individual "10K Run" - Male 30-39 | 10公里個人組-男子30-39歲 |
| | 39 | 1059 | TAM CHUN CHUNG | 譚振忠 | 0:55:27 | 0:55:06 | Individual "10K Run" - Male 30-39 | 10公里個人組-男子30-39歲 |

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Heifer Race to Feed 2018

(11 November 2018, Sunday Temperature : 22C ~ 25C, Humidity : 73% ~ 86%)

| Category Position | Bib | Name | 中文姓名 | OfficialTime | ChipTime | Category | 組別 |
|-------------------|------|------------------------|------|--------------|----------|-----------------------------------|------------------|
| 40 | 1088 | Yuen Ho Man Alex | | 0:56:15 | 0:55:31 | Individual "10K Run" - Male 30-39 | 10公里個人組-男子30-39歲 |
| 41 | 1081 | CHOW TSZ KIT | 周子傑 | 0:57:43 | 0:57:27 | Individual "10K Run" - Male 30-39 | 10公里個人組-男子30-39歲 |
| 42 | 1390 | CHIU WING WA | 趙永華 | 0:57:51 | 0:57:44 | Individual "10K Run" - Male 30-39 | 10公里個人組-男子30-39歲 |
| 43 | 1069 | LEE YIU SING | 李耀陞 | 0:58:00 | 0:57:53 | Individual "10K Run" - Male 30-39 | 10公里個人組-男子30-39歲 |
| 44 | 2044 | Law Chi Wing | 羅志榮 | 0:58:10 | 0:57:57 | Individual "10K Run" - Male 30-39 | 10公里個人組-男子30-39歲 |
| 45 | 1075 | SHEA CHI HANG | 佘志恒 | 0:58:24 | 0:57:51 | Individual "10K Run" - Male 30-39 | 10公里個人組-男子30-39歲 |
| 46 | 2040 | Xu Qi | 徐奇 | 0:59:25 | 0:59:03 | Individual "10K Run" - Male 30-39 | 10公里個人組-男子30-39歲 |
| 47 | 1064 | Yan Johnny | | 0:59:47 | 0:59:38 | Individual "10K Run" - Male 30-39 | 10公里個人組-男子30-39歲 |
| 48 | 1076 | JIYEN KIM | | 1:00:34 | 1:00:17 | Individual "10K Run" - Male 30-39 | 10公里個人組-男子30-39歲 |
| 49 | 1092 | Lau Raymond | | 1:00:36 | 0:59:54 | Individual "10K Run" - Male 30-39 | 10公里個人組-男子30-39歲 |
| 50 | 1392 | Leung Man Kin | | 1:00:40 | 1:00:03 | Individual "10K Run" - Male 30-39 | 10公里個人組-男子30-39歲 |
| 51 | 1391 | Lai Yiu Ting Dickson | 黎耀霆 | 1:01:25 | 1:01:05 | Individual "10K Run" - Male 30-39 | 10公里個人組-男子30-39歲 |
| 52 | 1072 | Mui Ying Kuen | 梅英權 | 1:02:26 | 1:02:13 | Individual "10K Run" - Male 30-39 | 10公里個人組-男子30-39歲 |
| 53 | 1097 | Cheung Wai Pong | 張偉邦 | 1:02:41 | 1:02:21 | Individual "10K Run" - Male 30-39 | 10公里個人組-男子30-39歲 |
| 54 | 2038 | Tie Wenlong | 帖文龍 | 1:03:06 | 1:02:41 | Individual "10K Run" - Male 30-39 | 10公里個人組-男子30-39歲 |
| 55 | 2039 | Luo Yongjin | 羅永勁 | 1:03:13 | 1:02:51 | Individual "10K Run" - Male 30-39 | 10公里個人組-男子30-39歲 |
| 56 | 2010 | Poon Kwai Hung, Samuel | 潘貴雄 | 1:03:23 | 1:03:05 | Individual "10K Run" - Male 30-39 | 10公里個人組-男子30-39歲 |
| 57 | 1038 | LAI TSZ him | 黎子謙 | 1:04:17 | 1:04:00 | Individual "10K Run" - Male 30-39 | 10公里個人組-男子30-39歲 |
| 58 | 1099 | Shek Ka Kit | 石家杰 | 1:04:41 | 1:04:21 | Individual "10K Run" - Male 30-39 | 10公里個人組-男子30-39歲 |
| 59 | 1051 | Chow Ching Hoi | 周正凱 | 1:05:07 | 1:04:29 | Individual "10K Run" - Male 30-39 | 10公里個人組-男子30-39歲 |
| 60 | 1050 | Lee Kin Hang | 李建衡 | 1:06:10 | 1:06:02 | Individual "10K Run" - Male 30-39 | 10公里個人組-男子30-39歲 |
| 61 | 1091 | Ho Kam Kai | | 1:10:21 | 1:09:16 | Individual "10K Run" - Male 30-39 | 10公里個人組-男子30-39歲 |
| 62 | 1040 | Fung Hon Sang | 馮漢生 | 1:10:42 | 1:10:21 | Individual "10K Run" - Male 30-39 | 10公里個人組-男子30-39歲 |
| 63 | 1049 | Poon Kwan Nok | | 1:15:53 | 1:15:21 | Individual "10K Run" - Male 30-39 | 10公里個人組-男子30-39歲 |
| 64 | 1078 | Yang Andy | 楊輝 | 1:16:55 | 1:15:50 | Individual "10K Run" - Male 30-39 | 10公里個人組-男子30-39歲 |
| 65 | 1086 | Chan Yue Hin Dominic | | 1:17:36 | 1:17:04 | Individual "10K Run" - Male 30-39 | 10公里個人組-男子30-39歲 |
| 66 | 1043 | Liu Wun Tsun | 廖煥浚 | 1:18:23 | 1:17:43 | Individual "10K Run" - Male 30-39 | 10公里個人組-男子30-39歲 |
| 67 | 1055 | Wu Chun Kit | 胡俊傑 | 1:18:57 | 1:18:36 | Individual "10K Run" - Male 30-39 | 10公里個人組-男子30-39歲 |
| 68 | 1074 | SIN TAK MING | 冼德鳴 | 1:20:37 | 1:20:17 | Individual "10K Run" - Male 30-39 | 10公里個人組-男子30-39歲 |
| 69 | 1062 | Wong Lin Ngai | | 1:20:57 | 1:20:32 | Individual "10K Run" - Male 30-39 | 10公里個人組-男子30-39歲 |
| 70 | 1393 | Ng Siu Ho | | 1:29:05 | 1:28:40 | Individual "10K Run" - Male 30-39 | 10公里個人組-男子30-39歲 |
| DQ | 1067 | chan kwok kee | 陳國基 | 1:13:52 | 1:13:15 | Individual "10K Run" - Male 30-39 | 10公里個人組-男子30-39歲 |

小母牛「競跑助人」2018

Heifer Race to Feed 2018

(11 November 2018, Sunday Temperature : 22C ~ 25C, Humidity : 73% ~ 86%)

| Category | Position | Bib | Name | 中文姓名 | OfficialTime | ChipTime | Category | 組別 |
|----------|----------|------|---------------------|------|--------------|----------|-----------------------------------|------------------|
| | 1 | 2014 | Miles Ashley | | 0:34:19 | 0:34:17 | Individual "10K Run" - Male 40-49 | 10公里個人組-男子40-49歲 |
| | 2 | 2013 | Wharton Chris | | 0:36:49 | 0:36:46 | Individual "10K Run" - Male 40-49 | 10公里個人組-男子40-49歲 |
| | 3 | 1109 | Merazzi Reto | | 0:38:15 | 0:38:13 | Individual "10K Run" - Male 40-49 | 10公里個人組-男子40-49歲 |
| | 4 | 1104 | NG CHI MING | 吳志明 | 0:40:28 | 0:40:26 | Individual "10K Run" - Male 40-49 | 10公里個人組-男子40-49歲 |
| | 5 | 1138 | Leung Raymond | 梁偉文 | 0:40:45 | 0:40:43 | Individual "10K Run" - Male 40-49 | 10公里個人組-男子40-49歲 |
| | 6 | 1419 | CHAN KA LUN | | 0:40:56 | 0:40:54 | Individual "10K Run" - Male 40-49 | 10公里個人組-男子40-49歲 |
| | 7 | 2015 | Wyborn Christian | | 0:41:55 | 0:41:51 | Individual "10K Run" - Male 40-49 | 10公里個人組-男子40-49歲 |
| | 8 | 1403 | Chu Ki Fung | | 0:42:20 | 0:42:18 | Individual "10K Run" - Male 40-49 | 10公里個人組-男子40-49歲 |
| | 9 | 2020 | Wong Pui Yuen | 黃沛源 | 0:43:55 | 0:43:52 | Individual "10K Run" - Male 40-49 | 10公里個人組-男子40-49歲 |
| | 10 | 1160 | Ho Gary | | 0:44:02 | 0:43:50 | Individual "10K Run" - Male 40-49 | 10公里個人組-男子40-49歲 |
| | 11 | 2034 | Lee Michael | | 0:45:04 | 0:45:01 | Individual "10K Run" - Male 40-49 | 10公里個人組-男子40-49歲 |
| | 12 | 1399 | Wan Hin Pong | | 0:45:38 | 0:45:36 | Individual "10K Run" - Male 40-49 | 10公里個人組-男子40-49歲 |
| | 13 | 1161 | Peter Fung | | 0:45:51 | 0:45:40 | Individual "10K Run" - Male 40-49 | 10公里個人組-男子40-49歲 |
| | 14 | 2017 | Wong Wing Chung | 黃穎聰 | 0:47:14 | 0:47:10 | Individual "10K Run" - Male 40-49 | 10公里個人組-男子40-49歲 |
| | 15 | 1102 | Cheung Fai | 張飛 | 0:48:31 | 0:48:21 | Individual "10K Run" - Male 40-49 | 10公里個人組-男子40-49歲 |
| | 16 | 1152 | Leung Kelvin | | 0:49:10 | 0:49:00 | Individual "10K Run" - Male 40-49 | 10公里個人組-男子40-49歲 |
| | 17 | 1400 | Lee Ka Wing | 李家榮 | 0:50:15 | 0:49:56 | Individual "10K Run" - Male 40-49 | 10公里個人組-男子40-49歲 |
| | 18 | 1116 | WONG ARTHUR | | 0:50:27 | 0:50:17 | Individual "10K Run" - Male 40-49 | 10公里個人組-男子40-49歲 |
| | 19 | 1159 | Mui Ying Tat | | 0:50:43 | 0:50:31 | Individual "10K Run" - Male 40-49 | 10公里個人組-男子40-49歲 |
| | 20 | 1146 | Man Yan Lam Matthew | | 0:51:00 | 0:50:43 | Individual "10K Run" - Male 40-49 | 10公里個人組-男子40-49歲 |
| | 21 | 1141 | Chan Chi Shun | | 0:51:05 | 0:50:52 | Individual "10K Run" - Male 40-49 | 10公里個人組-男子40-49歲 |
| | 22 | 1402 | Tien Sun Ho Howard | | 0:51:15 | 0:50:47 | Individual "10K Run" - Male 40-49 | 10公里個人組-男子40-49歲 |
| | 23 | 1401 | TIU David | | 0:51:58 | 0:51:45 | Individual "10K Run" - Male 40-49 | 10公里個人組-男子40-49歲 |
| | 24 | 1105 | Leung Yat Fai | | 0:52:05 | 0:51:58 | Individual "10K Run" - Male 40-49 | 10公里個人組-男子40-49歲 |
| | 25 | 1123 | Tong Piu | | 0:52:06 | 0:52:00 | Individual "10K Run" - Male 40-49 | 10公里個人組-男子40-49歲 |
| | 26 | 1382 | Luo Jun | | 0:52:13 | 0:51:58 | Individual "10K Run" - Male 40-49 | 10公里個人組-男子40-49歲 |
| | 27 | 1125 | chan pak kwan | | 0:52:44 | 0:52:30 | Individual "10K Run" - Male 40-49 | 10公里個人組-男子40-49歲 |
| | 28 | 1124 | Li Hoi | 李凱 | 0:52:48 | 0:52:33 | Individual "10K Run" - Male 40-49 | 10公里個人組-男子40-49歲 |
| | 29 | 1132 | Kwan Yik Sang | 關亦生 | 0:52:54 | 0:52:19 | Individual "10K Run" - Male 40-49 | 10公里個人組-男子40-49歲 |
| | 30 | 2008 | Lam Lik Shan, Lesly | 林力山 | 0:52:54 | 0:52:38 | Individual "10K Run" - Male 40-49 | 10公里個人組-男子40-49歲 |
| | 31 | 1165 | Jao Kent Lee | 丘健利 | 0:54:05 | 0:53:46 | Individual "10K Run" - Male 40-49 | 10公里個人組-男子40-49歲 |
| | 32 | 1113 | Bouvard Bertrand | | 0:54:27 | 0:54:05 | Individual "10K Run" - Male 40-49 | 10公里個人組-男子40-49歲 |
| | 33 | 1117 | Chan Chun Kit | | 0:56:07 | 0:56:00 | Individual "10K Run" - Male 40-49 | 10公里個人組-男子40-49歲 |
| | 34 | 1122 | HO KWOK FAI | 何國輝 | 0:56:18 | 0:56:10 | Individual "10K Run" - Male 40-49 | 10公里個人組-男子40-49歲 |
| | 35 | 1396 | Yeung Ming Yuen | | 0:56:30 | 0:56:02 | Individual "10K Run" - Male 40-49 | 10公里個人組-男子40-49歲 |
| | 36 | 1100 | Lo Kwok Chi | 盧國智 | 0:56:36 | 0:56:24 | Individual "10K Run" - Male 40-49 | 10公里個人組-男子40-49歲 |
| | 37 | 1144 | To Tak Kee | | 0:56:43 | 0:56:26 | Individual "10K Run" - Male 40-49 | 10公里個人組-男子40-49歲 |
| | 38 | 1129 | Lau Chun Wai | 劉振偉 | 0:57:09 | 0:56:59 | Individual "10K Run" - Male 40-49 | 10公里個人組-男子40-49歲 |
| | 39 | 1150 | Leung Ngai Cheung | | 0:57:31 | 0:57:20 | Individual "10K Run" - Male 40-49 | 10公里個人組-男子40-49歲 |

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Heifer Race to Feed 2018

(11 November 2018, Sunday Temperature : 22C ~ 25C, Humidity : 73% ~ 86%)

| Category | Position | Bib | Name | 中文姓名 | OfficialTime | ChipTime | Category | 組別 |
|----------|----------|------|-----------------------|------|--------------|----------|-----------------------------------|------------------|
| | 40 | 1140 | Tsoi Rhollan Clark | | 0:57:37 | 0:57:04 | Individual "10K Run" - Male 40-49 | 10公里個人組-男子40-49歲 |
| | 41 | 1120 | Wu Kwan Wing | 胡軍榮 | 0:58:22 | 0:58:09 | Individual "10K Run" - Male 40-49 | 10公里個人組-男子40-49歲 |
| | 42 | 1145 | Wong King Fai Andy | | 0:58:56 | 0:58:38 | Individual "10K Run" - Male 40-49 | 10公里個人組-男子40-49歲 |
| | 43 | 1142 | Poon Tak Ming | 潘德明 | 0:58:59 | 0:58:53 | Individual "10K Run" - Male 40-49 | 10公里個人組-男子40-49歲 |
| | 44 | 1395 | CHEUNG CHU SANG | 鄭曙生 | 0:59:01 | 0:58:40 | Individual "10K Run" - Male 40-49 | 10公里個人組-男子40-49歲 |
| | 45 | 1130 | Mok Ki Hung | 莫基雄 | 0:59:05 | 0:59:00 | Individual "10K Run" - Male 40-49 | 10公里個人組-男子40-49歲 |
| | 46 | 1108 | Tong Ho Yin | 湯浩然 | 0:59:25 | 0:58:47 | Individual "10K Run" - Male 40-49 | 10公里個人組-男子40-49歲 |
| | 47 | 1114 | Leung Chung Kai | | 0:59:41 | 0:59:00 | Individual "10K Run" - Male 40-49 | 10公里個人組-男子40-49歲 |
| | 48 | 1148 | Hui Chiu Fai Enoch | | 1:00:13 | 0:59:54 | Individual "10K Run" - Male 40-49 | 10公里個人組-男子40-49歲 |
| | 49 | 1154 | CHEUNG How Leung | | 1:00:18 | 0:59:37 | Individual "10K Run" - Male 40-49 | 10公里個人組-男子40-49歲 |
| | 50 | 2032 | Lo Ka Chun | | 1:00:41 | 1:00:37 | Individual "10K Run" - Male 40-49 | 10公里個人組-男子40-49歲 |
| | 51 | 1143 | Chen Junbin | 陳俊斌 | 1:01:31 | 1:01:08 | Individual "10K Run" - Male 40-49 | 10公里個人組-男子40-49歲 |
| | 52 | 1147 | Lo Wai Fung, Ken | | 1:03:59 | 1:03:34 | Individual "10K Run" - Male 40-49 | 10公里個人組-男子40-49歲 |
| | 53 | 1101 | WAN Sai Cheong | | 1:04:10 | 1:04:00 | Individual "10K Run" - Male 40-49 | 10公里個人組-男子40-49歲 |
| | 54 | 1119 | TSANG KWOK FAI | 曾國輝 | 1:04:19 | 1:04:08 | Individual "10K Run" - Male 40-49 | 10公里個人組-男子40-49歲 |
| | 55 | 1156 | Lai Thomas Leo Wai Ho | | 1:05:37 | 1:04:55 | Individual "10K Run" - Male 40-49 | 10公里個人組-男子40-49歲 |
| | 56 | 1398 | Chan Chun Wa | | 1:05:39 | 1:05:17 | Individual "10K Run" - Male 40-49 | 10公里個人組-男子40-49歲 |
| | 57 | 1133 | LI TAI LUN | 李泰麟 | 1:06:08 | 1:05:49 | Individual "10K Run" - Male 40-49 | 10公里個人組-男子40-49歲 |
| | 58 | 1128 | Chan Ho Man | | 1:06:27 | 1:06:09 | Individual "10K Run" - Male 40-49 | 10公里個人組-男子40-49歲 |
| | 59 | 1110 | Ho Pak Wing | | 1:06:31 | 1:06:25 | Individual "10K Run" - Male 40-49 | 10公里個人組-男子40-49歲 |
| | 60 | 1164 | Lui Tak Wing | 呂德榮 | 1:06:39 | 1:06:30 | Individual "10K Run" - Male 40-49 | 10公里個人組-男子40-49歲 |
| | 61 | 1112 | FUNG KA WAI | 馮家偉 | 1:07:15 | 1:06:38 | Individual "10K Run" - Male 40-49 | 10公里個人組-男子40-49歲 |
| | 62 | 1131 | LAM YICK LAM | 林益琳 | 1:07:58 | 1:07:19 | Individual "10K Run" - Male 40-49 | 10公里個人組-男子40-49歲 |
| | 63 | 1127 | LEE KAI MAN | 李啓文 | 1:09:18 | 1:09:01 | Individual "10K Run" - Male 40-49 | 10公里個人組-男子40-49歲 |
| | 64 | 1139 | Hu Jiang | 胡江 | 1:09:36 | 1:08:32 | Individual "10K Run" - Male 40-49 | 10公里個人組-男子40-49歲 |
| | 65 | 1135 | CHAN SHUN TIN | 陳順天 | 1:10:48 | 1:10:31 | Individual "10K Run" - Male 40-49 | 10公里個人組-男子40-49歲 |
| | 66 | 2041 | Li Fu Ho | 李富浩 | 1:14:41 | 1:14:28 | Individual "10K Run" - Male 40-49 | 10公里個人組-男子40-49歲 |
| | 67 | 1111 | LAU CHI KIN | | 1:15:04 | 1:14:24 | Individual "10K Run" - Male 40-49 | 10公里個人組-男子40-49歲 |
| | 68 | 1118 | Lam Chi Bun | | 1:17:56 | 1:17:31 | Individual "10K Run" - Male 40-49 | 10公里個人組-男子40-49歲 |
| | 69 | 1136 | Tang Ping Yip | | 1:20:26 | 1:19:52 | Individual "10K Run" - Male 40-49 | 10公里個人組-男子40-49歲 |
| | 70 | 1157 | Chan Kin Hung | | 1:22:23 | 1:21:48 | Individual "10K Run" - Male 40-49 | 10公里個人組-男子40-49歲 |
| | 71 | 1149 | Cheung Hok Leung | | 1:25:04 | 1:24:35 | Individual "10K Run" - Male 40-49 | 10公里個人組-男子40-49歲 |
| | 72 | 1155 | Ng Fei | | 1:25:43 | 1:25:09 | Individual "10K Run" - Male 40-49 | 10公里個人組-男子40-49歲 |
| DNF | | 1134 | Chow Tak sing | 周德昇 | | | Individual "10K Run" - Male 40-49 | 10公里個人組-男子40-49歲 |
| DNF | | 1137 | Lee Yik Koon | 李奕冠 | | | Individual "10K Run" - Male 40-49 | 10公里個人組-男子40-49歲 |

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Heifer Race to Feed 2018

(11 November 2018, Sunday Temperature : 22C ~ 25C, Humidity : 73% ~ 86%)

| Category | Position | Bib | Name | 中文姓名 | OfficialTime | ChipTime | Category | 組別 |
|----------|----------|------|----------------------|------|--------------|----------|-----------------------------------|------------------|
| | 1 | 1219 | LAI WAI SING | 黎偉盛 | 0:41:21 | 0:41:18 | Individual "10K Run" - Male 50-59 | 10公里個人組-男子50-59歲 |
| | 2 | 1217 | LAU Chun Pong | 劉振邦 | 0:41:50 | 0:41:48 | Individual "10K Run" - Male 50-59 | 10公里個人組-男子50-59歲 |
| | 3 | 1210 | Fong Wai Sing | 方維成 | 0:42:06 | 0:42:03 | Individual "10K Run" - Male 50-59 | 10公里個人組-男子50-59歲 |
| | 4 | 1206 | Nam Tin Sang | 藍天生 | 0:42:27 | 0:42:24 | Individual "10K Run" - Male 50-59 | 10公里個人組-男子50-59歲 |
| | 5 | 1169 | LAU SAU LUN | | 0:44:55 | 0:44:52 | Individual "10K Run" - Male 50-59 | 10公里個人組-男子50-59歲 |
| | 6 | 1234 | Wong Hoi Ching | 黃海青 | 0:46:15 | 0:46:07 | Individual "10K Run" - Male 50-59 | 10公里個人組-男子50-59歲 |
| | 7 | 1216 | WONG TAI CHUN MARK | | 0:47:06 | 0:47:04 | Individual "10K Run" - Male 50-59 | 10公里個人組-男子50-59歲 |
| | 8 | 1404 | Lee Chau Ning | 利就寧 | 0:48:25 | 0:48:22 | Individual "10K Run" - Male 50-59 | 10公里個人組-男子50-59歲 |
| | 9 | 1208 | CHAN TIN YUEN | | 0:49:15 | 0:49:12 | Individual "10K Run" - Male 50-59 | 10公里個人組-男子50-59歲 |
| | 10 | 1196 | siu wai ming | 蕭偉明 | 0:50:02 | 0:49:29 | Individual "10K Run" - Male 50-59 | 10公里個人組-男子50-59歲 |
| | 11 | 1193 | Li Wa Tat Benedict | | 0:50:16 | 0:50:10 | Individual "10K Run" - Male 50-59 | 10公里個人組-男子50-59歲 |
| | 12 | 1214 | Moy Wai Cheong | | 0:50:18 | 0:49:49 | Individual "10K Run" - Male 50-59 | 10公里個人組-男子50-59歲 |
| | 13 | 1221 | Kam Kwong Fai | | 0:50:35 | 0:50:17 | Individual "10K Run" - Male 50-59 | 10公里個人組-男子50-59歲 |
| | 14 | 2031 | Lau Kwok Leung Paul | | 0:51:21 | 0:51:19 | Individual "10K Run" - Male 50-59 | 10公里個人組-男子50-59歲 |
| | 15 | 1174 | Lau Yuk Sing | 劉玉成 | 0:51:21 | 0:50:52 | Individual "10K Run" - Male 50-59 | 10公里個人組-男子50-59歲 |
| | 16 | 1168 | chiu pui wah | 趙沛華 | 0:52:27 | 0:52:20 | Individual "10K Run" - Male 50-59 | 10公里個人組-男子50-59歲 |
| | 17 | 2011 | Yee Jack Sam | | 0:53:18 | 0:53:08 | Individual "10K Run" - Male 50-59 | 10公里個人組-男子50-59歲 |
| | 18 | 1186 | shum lik keung | 沈力强 | 0:53:40 | 0:53:19 | Individual "10K Run" - Male 50-59 | 10公里個人組-男子50-59歲 |
| | 19 | 1207 | Li King Hing | | 0:54:36 | 0:54:32 | Individual "10K Run" - Male 50-59 | 10公里個人組-男子50-59歲 |
| | 20 | 1189 | Ngan Sze Ho Terence | 顏思豪 | 0:54:52 | 0:54:28 | Individual "10K Run" - Male 50-59 | 10公里個人組-男子50-59歲 |
| | 21 | 1227 | Yung Edwin | | 0:55:29 | 0:55:16 | Individual "10K Run" - Male 50-59 | 10公里個人組-男子50-59歲 |
| | 22 | 1232 | Lo Shin Sing Samuel | | 0:55:46 | 0:55:34 | Individual "10K Run" - Male 50-59 | 10公里個人組-男子50-59歲 |
| | 23 | 1184 | Ho Ping Wah | 何炳華 | 0:56:51 | 0:56:41 | Individual "10K Run" - Male 50-59 | 10公里個人組-男子50-59歲 |
| | 24 | 1192 | Lui Wai Shing | 呂偉成 | 0:56:57 | 0:56:39 | Individual "10K Run" - Male 50-59 | 10公里個人組-男子50-59歲 |
| | 25 | 1180 | Fung Wai Kuen Thomas | | 0:57:13 | 0:57:06 | Individual "10K Run" - Male 50-59 | 10公里個人組-男子50-59歲 |
| | 26 | 1173 | Chan Kwok Cheung | | 0:57:31 | 0:57:25 | Individual "10K Run" - Male 50-59 | 10公里個人組-男子50-59歲 |
| | 27 | 1199 | Ma Sek Kwong | 馬錫光 | 0:57:36 | 0:57:13 | Individual "10K Run" - Male 50-59 | 10公里個人組-男子50-59歲 |
| | 28 | 1223 | Leung Yuen Wing | | 0:57:40 | 0:57:26 | Individual "10K Run" - Male 50-59 | 10公里個人組-男子50-59歲 |
| | 29 | 1233 | To Jeffrey | | 0:58:15 | 0:58:01 | Individual "10K Run" - Male 50-59 | 10公里個人組-男子50-59歲 |
| | 30 | 2009 | Leung Tak On, Jason | 梁德安 | 0:59:06 | 0:58:24 | Individual "10K Run" - Male 50-59 | 10公里個人組-男子50-59歲 |
| | 31 | 1187 | Ho Tsan Keung | 何燦強 | 1:00:26 | 1:00:16 | Individual "10K Run" - Male 50-59 | 10公里個人組-男子50-59歲 |
| | 32 | 1172 | Chung Ming Cheung | 鍾明彰 | 1:00:31 | 1:00:17 | Individual "10K Run" - Male 50-59 | 10公里個人組-男子50-59歲 |
| | 33 | 1224 | Mak Tai Yuen Andy | | 1:00:41 | 1:00:07 | Individual "10K Run" - Male 50-59 | 10公里個人組-男子50-59歲 |
| | 34 | 1182 | NG WAH CHAI | 吳華仔 | 1:00:46 | 1:00:13 | Individual "10K Run" - Male 50-59 | 10公里個人組-男子50-59歲 |
| | 35 | 1218 | Reynolds Steve | | 1:00:55 | 1:00:20 | Individual "10K Run" - Male 50-59 | 10公里個人組-男子50-59歲 |
| | 36 | 1220 | Tsang Chiu Kwong | | 1:01:29 | 1:01:12 | Individual "10K Run" - Male 50-59 | 10公里個人組-男子50-59歲 |
| | 37 | 1166 | NG KWOK WING | 吳國榮 | 1:02:30 | 1:02:22 | Individual "10K Run" - Male 50-59 | 10公里個人組-男子50-59歲 |
| | 38 | 1195 | LEUNG Yat Yiu | 梁日耀 | 1:02:31 | 1:01:52 | Individual "10K Run" - Male 50-59 | 10公里個人組-男子50-59歲 |
| | 39 | 1228 | Wong Kai Tung Simon | | 1:02:43 | 1:02:32 | Individual "10K Run" - Male 50-59 | 10公里個人組-男子50-59歲 |

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Heifer Race to Feed 2018

(11 November 2018, Sunday Temperature : 22C ~ 25C, Humidity : 73% ~ 86%)

| Category Position | Bib | Name | 中文姓名 | OfficialTime | ChipTime | Category | 組別 |
|-------------------|------|------------------------|---------------|--------------|----------|-----------------------------------|------------------|
| 40 | 1188 | kan chi keung | 簡志强 | 1:03:02 | 1:02:53 | Individual "10K Run" - Male 50-59 | 10公里個人組-男子50-59歲 |
| 41 | 1222 | Chan Tsan Fai, Raymond | | 1:03:58 | 1:03:41 | Individual "10K Run" - Male 50-59 | 10公里個人組-男子50-59歲 |
| 42 | 1212 | Ma Mo Sheung | | 1:04:06 | 1:03:36 | Individual "10K Run" - Male 50-59 | 10公里個人組-男子50-59歲 |
| 43 | 1213 | Tam Tat Ming Adam | | 1:04:07 | 1:03:37 | Individual "10K Run" - Male 50-59 | 10公里個人組-男子50-59歲 |
| 44 | 1185 | Wai Sun Leung | 梁維新 | 1:04:54 | 1:04:46 | Individual "10K Run" - Male 50-59 | 10公里個人組-男子50-59歲 |
| 45 | 1178 | TSE SHING YIP | 謝盛業 | 1:05:42 | 1:05:27 | Individual "10K Run" - Male 50-59 | 10公里個人組-男子50-59歲 |
| 46 | 1175 | chan wing kin | Chan Wing Kin | 1:05:56 | 1:05:32 | Individual "10K Run" - Male 50-59 | 10公里個人組-男子50-59歲 |
| 47 | 1230 | Mok Sui Kei | | 1:06:49 | 1:06:16 | Individual "10K Run" - Male 50-59 | 10公里個人組-男子50-59歲 |
| 48 | 1170 | Chan Ngai Keung | 陳毅強 | 1:06:53 | 1:06:46 | Individual "10K Run" - Male 50-59 | 10公里個人組-男子50-59歲 |
| 49 | 1406 | Wong Kin Hung | | 1:07:02 | 1:06:41 | Individual "10K Run" - Male 50-59 | 10公里個人組-男子50-59歲 |
| 50 | 1209 | Ng Douglas | | 1:07:26 | 1:06:56 | Individual "10K Run" - Male 50-59 | 10公里個人組-男子50-59歲 |
| 51 | 1167 | Cheung Tung Ming | 張東明 | 1:07:55 | 1:07:44 | Individual "10K Run" - Male 50-59 | 10公里個人組-男子50-59歲 |
| 52 | 1231 | Lo Tung Sing Tony | | 1:08:57 | 1:08:43 | Individual "10K Run" - Male 50-59 | 10公里個人組-男子50-59歲 |
| 53 | 1201 | Sham Peter | 岑國良 | 1:09:09 | 1:08:46 | Individual "10K Run" - Male 50-59 | 10公里個人組-男子50-59歲 |
| 54 | 1190 | YUNG Yiu Cheong | 容耀昌 | 1:09:43 | 1:09:18 | Individual "10K Run" - Male 50-59 | 10公里個人組-男子50-59歲 |
| 55 | 1177 | TANG YUNLEUNG | 鄧潤良 | 1:11:38 | 1:11:13 | Individual "10K Run" - Male 50-59 | 10公里個人組-男子50-59歲 |
| 56 | 1203 | LUI PAK SING JOHNNY | 呂伯誠 | 1:12:42 | 1:12:35 | Individual "10K Run" - Male 50-59 | 10公里個人組-男子50-59歲 |
| 57 | 1211 | Mok Kim Wing | | 1:14:49 | 1:14:23 | Individual "10K Run" - Male 50-59 | 10公里個人組-男子50-59歲 |
| 58 | 1200 | Lo Wing Hong | 盧永康 | 1:16:01 | 1:15:41 | Individual "10K Run" - Male 50-59 | 10公里個人組-男子50-59歲 |
| 59 | 1181 | Chan Cheong Hoi Billy | 陳昌海 | 1:17:45 | 1:17:08 | Individual "10K Run" - Male 50-59 | 10公里個人組-男子50-59歲 |
| 60 | 1202 | Ma Tak Fai | 馬德輝 | 1:20:12 | 1:19:48 | Individual "10K Run" - Male 50-59 | 10公里個人組-男子50-59歲 |
| 61 | 1171 | Li Kam Hong Wilfred | 李錦康 | 1:20:12 | 1:19:41 | Individual "10K Run" - Male 50-59 | 10公里個人組-男子50-59歲 |
| 62 | 1229 | Lau Ka Fai Tony | | 1:22:59 | 1:22:41 | Individual "10K Run" - Male 50-59 | 10公里個人組-男子50-59歲 |
| 63 | 1205 | WONG KIN KI KADOORIE | 黃健基 | 1:24:25 | 1:24:01 | Individual "10K Run" - Male 50-59 | 10公里個人組-男子50-59歲 |
| 64 | 1204 | MAK Fai Shing | 麥輝成 | 1:31:34 | 1:31:07 | Individual "10K Run" - Male 50-59 | 10公里個人組-男子50-59歲 |
| 65 | 1198 | FUNG TZE HANG | 馮子行 | 1:31:59 | 1:31:56 | Individual "10K Run" - Male 50-59 | 10公里個人組-男子50-59歲 |
| DNF | 1197 | NG CHI PING | 吳志平 | | | Individual "10K Run" - Male 50-59 | 10公里個人組-男子50-59歲 |

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Heifer Race to Feed 2018

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| Category Position | Bib | Name | 中文姓名 | OfficialTime | ChipTime | Category | 組別 |
|-------------------|------|-----------------------|-------------|--------------|----------|---|------------------|
| 1 | 1251 | kwok wing sing | 郭永勝 | 0:42:29 | 0:42:27 | Individual "10K Run" - Male 60 or Above | 10公里個人組-男子60歲或以上 |
| 2 | 1235 | mok Lai chau | 莫禮就 | 0:47:44 | 0:47:41 | Individual "10K Run" - Male 60 or Above | 10公里個人組-男子60歲或以上 |
| 3 | 1241 | Cheung He | 張禧 | 0:48:19 | 0:48:15 | Individual "10K Run" - Male 60 or Above | 10公里個人組-男子60歲或以上 |
| 4 | 1252 | mak fu keung | 麥富強 | 0:50:20 | 0:50:16 | Individual "10K Run" - Male 60 or Above | 10公里個人組-男子60歲或以上 |
| 5 | 1239 | Moore Paul | | 0:50:53 | 0:50:39 | Individual "10K Run" - Male 60 or Above | 10公里個人組-男子60歲或以上 |
| 6 | 1240 | Cheng King Hung | 鄭景鴻 | 0:52:34 | 0:52:29 | Individual "10K Run" - Male 60 or Above | 10公里個人組-男子60歲或以上 |
| 7 | 1245 | Tse Kin Wah | | 0:53:44 | 0:53:27 | Individual "10K Run" - Male 60 or Above | 10公里個人組-男子60歲或以上 |
| 8 | 1242 | chan ping sun | | 0:54:29 | 0:54:09 | Individual "10K Run" - Male 60 or Above | 10公里個人組-男子60歲或以上 |
| 9 | 1254 | KWONG Kai Yuen | 龐啟源 | 0:54:51 | 0:54:37 | Individual "10K Run" - Male 60 or Above | 10公里個人組-男子60歲或以上 |
| 10 | 1250 | Li King Sing | 李景成 | 0:55:12 | 0:55:07 | Individual "10K Run" - Male 60 or Above | 10公里個人組-男子60歲或以上 |
| 11 | 1257 | Li Sin Keung | | 0:56:42 | 0:56:25 | Individual "10K Run" - Male 60 or Above | 10公里個人組-男子60歲或以上 |
| 12 | 1259 | Chan Hon Leung | | 0:58:06 | 0:57:54 | Individual "10K Run" - Male 60 or Above | 10公里個人組-男子60歲或以上 |
| 13 | 1247 | Chan Chok Ki | | 0:58:31 | 0:58:23 | Individual "10K Run" - Male 60 or Above | 10公里個人組-男子60歲或以上 |
| 14 | 1244 | WU HON PO | 胡漢波 | 0:58:32 | 0:58:20 | Individual "10K Run" - Male 60 or Above | 10公里個人組-男子60歲或以上 |
| 15 | 1253 | Wong Chung yin | 黃仲賢 | 1:00:09 | 0:59:24 | Individual "10K Run" - Male 60 or Above | 10公里個人組-男子60歲或以上 |
| 16 | 1237 | FAN HON WING | 范漢榮 | 1:00:48 | 1:00:30 | Individual "10K Run" - Male 60 or Above | 10公里個人組-男子60歲或以上 |
| 17 | 1236 | suen wai man | 孫偉文 | 1:00:57 | 1:00:48 | Individual "10K Run" - Male 60 or Above | 10公里個人組-男子60歲或以上 |
| 18 | 1256 | Yuen Wai Key | | 1:01:24 | 1:00:54 | Individual "10K Run" - Male 60 or Above | 10公里個人組-男子60歲或以上 |
| 19 | 1255 | NIP CHI KONG | 聶志光 | 1:01:45 | 1:01:31 | Individual "10K Run" - Male 60 or Above | 10公里個人組-男子60歲或以上 |
| 20 | 1246 | Fong Timothy | | 1:10:03 | 1:09:48 | Individual "10K Run" - Male 60 or Above | 10公里個人組-男子60歲或以上 |
| 21 | 1243 | Yu Wai Kong | Wai Kong Yu | 1:12:21 | 1:12:14 | Individual "10K Run" - Male 60 or Above | 10公里個人組-男子60歲或以上 |
| 22 | 1238 | HO sin ying lincoln | 何善應 | 1:15:48 | 1:15:09 | Individual "10K Run" - Male 60 or Above | 10公里個人組-男子60歲或以上 |
| 23 | 1258 | Chan Tat Wing Ted | | 1:17:37 | 1:17:06 | Individual "10K Run" - Male 60 or Above | 10公里個人組-男子60歲或以上 |
| 24 | 1248 | HO MAN SHEUNG WILLIAM | 何文相 | 1:28:06 | 1:27:39 | Individual "10K Run" - Male 60 or Above | 10公里個人組-男子60歲或以上 |