

小母牛「競跑助人」2018

Heifer Race to Feed 2018

(11 November 2018, Sunday Temperature : 22C ~ 25C, Humidit

| Individual 10K Run - Female 16-29 | | | | |
|-----------------------------------|------|---------------------|------|--------------|
| Position | Bib | Name | 中文姓名 | OfficialTime |
| 1 | 1276 | Wong Mei yan | | 0:41:34 |
| 2 | 1409 | Chan Shun Yee | | 0:45:58 |
| 3 | 2033 | Leung Lok Man Co Co | | 0:46:19 |
| 4 | 1407 | Wong Shu Ling | | 0:48:13 |
| 5 | 2035 | Mak Ka Wai | | 0:50:48 |

| Individual 10K Run - Female 30-39 | | | | |
|-----------------------------------|------|--------------|------|--------------|
| Position | Bib | Name | 中文姓名 | OfficialTime |
| 1 | 1305 | Lee Yin Ling | 李燕玲 | 0:45:21 |
| 2 | 1316 | kam hay | | 0:47:19 |
| 3 | 1322 | Hsu Roxan | 許琬茹 | 0:53:32 |
| 4 | 1318 | Mak Siu Man | 麥笑敏 | 0:53:55 |
| 5 | 1420 | Reid Cindy | | 0:55:31 |

| Individual 10K Run - Female 40-49 | | | | |
|-----------------------------------|------|----------------------|------|--------------|
| Position | Bib | Name | 中文姓名 | OfficialTime |
| 1 | 1331 | Wong Hiu Fai | 黃曉暉 | 0:51:32 |
| 2 | 1339 | Leung Lai Ming Sally | | 0:52:36 |
| 3 | 1340 | Yau Siu Yin | | 0:57:07 |
| 4 | 1329 | CHEUNG CHUN CHI | 張俊芝 | 1:00:17 |
| 5 | 1326 | CHAN MEI HO | 陳美好 | 1:00:46 |

| Individual 10K Run - Female 50-59 | | | | |
|-----------------------------------|------|---------------------------|------|--------------|
| Position | Bib | Name | 中文姓名 | OfficialTime |
| 1 | 1356 | Chan Ada | | 0:48:45 |
| 2 | 1355 | Yeung Mei lun | 楊美倫 | 0:49:56 |
| 3 | 1350 | Lee Pui Kam | 李佩琴 | 0:50:01 |
| 4 | 1360 | Chan Tsang Mei Ling Clara | 陳曾美玲 | 0:51:41 |
| 5 | 1365 | Ding Hiu Ying Crystal | | 0:52:59 |

| Individual 10K Run - Female 60 or Above | | | | |
|---|------|---------------|------|--------------|
| Position | Bib | Name | 中文姓名 | OfficialTime |
| 1 | 1368 | Kwok Suet Fan | 郭雪芬 | 1:03:34 |
| 2 | 1367 | Lo Wai Chun | 羅惠珍 | 1:07:07 |
| 3 | 1372 | Law Yuk Seung | 羅玉嫦 | 1:26:26 |
| 4 | 1371 | WONG MAY LING | 黃美玲 | 1:26:36 |
| 5 | 1369 | Chan Cindy | 陳玉霞 | 1:32:54 |

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| Individual 10K Run - Male 16-29 | | | | |
|---------------------------------|------|-----------------------------|------|--------------|
| Position | Bib | Name | 中文姓名 | OfficialTime |
| 1 | 1387 | Chow Hon Nip Hanniel | 周漢轟 | 0:33:15 |
| 2 | 1012 | Ho Yung yin | 何雍賢 | 0:36:59 |
| 3 | 1037 | Wong Man Kit | | 0:37:26 |
| 4 | 1002 | Yip Tsz Ho | 葉梓灝 | 0:40:52 |
| 5 | 1006 | Wong Chak Tin Jason William | | 0:41:44 |

| Individual 10K Run - Male 30-39 | | | | |
|---------------------------------|------|---------------|------|--------------|
| Position | Bib | Name | 中文姓名 | OfficialTime |
| 1 | 1096 | LAU KWAN LONG | 劉君朗 | 0:37:19 |
| 2 | 1071 | Yuen Kwok hei | 袁國熙 | 0:37:30 |
| 3 | 1042 | Lai Chun Kit | | 0:38:41 |
| 4 | 1041 | LEE MAN CHUN | 李文駿 | 0:40:22 |
| 5 | 2018 | Yiu Tsz Yan | 姚子仁 | 0:41:27 |

| Individual 10K Run - Male 40-49 | | | | |
|---------------------------------|------|---------------|------|--------------|
| Position | Bib | Name | 中文姓名 | OfficialTime |
| 1 | 2014 | Miles Ashley | | 0:34:19 |
| 2 | 2013 | Wharton Chris | | 0:36:49 |
| 3 | 1109 | Merazzi Reto | | 0:38:15 |
| 4 | 1104 | NG CHI MING | 吳志明 | 0:40:28 |
| 5 | 1138 | Leung Raymond | 梁偉文 | 0:40:45 |

| Individual 10K Run - Male 50-59 | | | | |
|---------------------------------|------|---------------|------|--------------|
| Position | Bib | Name | 中文姓名 | OfficialTime |
| 1 | 1219 | LAI WAI SING | 黎偉盛 | 0:41:21 |
| 2 | 1217 | LAU Chun Pong | 劉振邦 | 0:41:50 |
| 3 | 1210 | Fong Wai Sing | 方維成 | 0:42:06 |
| 4 | 1206 | Nam Tin Sang | 藍天生 | 0:42:27 |
| 5 | 1169 | LAU SAU LUN | | 0:44:55 |

| Individual 10K Run - Male 60 or Above | | | | |
|---------------------------------------|------|----------------|------|--------------|
| Position | Bib | Name | 中文姓名 | OfficialTime |
| 1 | 1251 | kwok wing sing | 郭永勝 | 0:42:29 |
| 2 | 1235 | mok Lai chau | 莫禮就 | 0:47:44 |
| 3 | 1241 | Cheung He | 張禧 | 0:48:19 |
| 4 | 1252 | mak fu keung | 麥富強 | 0:50:20 |
| 5 | 1239 | Moore Paul | | 0:50:53 |